

Do you have a child under 21? Medi-Cal Dyadic Services

New screenings and behavioral health services
for your child and you!

What are Dyadic Services?

Dyadic services are physical and mental health or substance use (“behavioral health”) screening, assessment, and care management services for children **and** their parents/ caregivers.

It is called “dyadic” because your child + you (the parent or caregiver) = a “dyad.” The word “dyad” comes from the Ancient Greek δῦαδς that means “pair” or “a group of two.”

Dyadic services can identify any developmental or behavioral health conditions your child may have so your child can get the necessary help and treatment as early as possible. Dyadic services can also support YOU, the parent/ caregiver.

Tip: Ask your provider about getting dyadic services in-person or through telehealth!

What kinds of Dyadic Services do Medi-Cal cover?

Medi-Cal covers the following dyadic services when a child has Medi-Cal:

| Name of the services | What it is |
|--|---|
| Behavioral Health Well-Child Visits | Your child can get a “mental health check-up” on the same day of a physical check-up (aka “well-child visits”). |
| Comprehensive Community Support Services | You (the parent/ caregiver) and your child can get help figuring out a plan or finding resources in the community so your family can get your basic needs met. |
| Psychoeducational Services | You (the parent/ caregiver) and your child can get resources on topics like child development and mental health. You can also get tips on parenting and what to do with your child’s behaviors. |
| Family Training and Counseling for Child Development | You (the parent/ caregiver) and your child can get training and counseling as a family to help with your child’s growth. |
| Parent/ Caregiver Services | You (the parent/ caregiver) can get screening, counseling, and support services to help with your childhood experience of trauma, depression, alcohol and drug use, tobacco use, and more! |

How can I get Medi-Cal Dyadic Services?

Contact your child’s primary care doctor or Medi-Cal managed care plan for these services. Your family can qualify for dyadic services even if you (the parent/ caregiver) do not have Medi-Cal.

To find out more about Medi-Cal Dyadic Services and whether your family qualify, call your Medi-Cal managed care plan.

For questions or need free legal help,
call the Health Consumer Alliance at 1-888-804-3536.

