

You may be able to get new Medi-Cal benefits!

Starting this year, Medi-Cal managed care plans are offering two new benefits that can help people get all the care they need to maintain their health.

Learn more about **Enhanced Care Management** and **Community Support Services**.

Enhanced Care Management

Enhanced Care Management (ECM) can help people with complex needs coordinate their care. If you qualify for ECM, you will be assigned to a care team with a lead care manager. Your lead care manager will talk you're your doctors, behavioral health providers, pharmacists, social services providers, and other people involved in your care. They will help everyone to work together to get you the care you need.

Your ECM care team can help you:

- Find doctors and health care providers
- Schedule health care appointments
- Manage medications
- Access transportation for health care appointments
- Assist with care needed while transitioning from a nursing home or facility or hospital to home
- Find and apply for community-based services like support with housing or medically nutritious food

You may qualify for ECM services today if you are an adult with complex physical, mental, or behavioral health needs or if you do not have stable housing.

Later, youth with complex health needs or who were involved with child welfare, adults who want to live in their communities (instead of a facility), and individuals who were recently justice-involved will also be eligible for ECM.

To find out more about ECM and whether you qualify, call your Medi-Cal managed care plan.

Community Support Services

As of January 1, 2022, Medi-Cal plans may offer Community Support Services (CSS) to their members, including:

- Housing search and transition services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care after hospitalization
- Respite services for caregivers
- Home and community habilitation programs
- Transition services, from a nursing facility to an assisted living facilities, such as residential care facilities for the elderly (RCFE) and adult residential facilities (ARF)
- Transition services, from a facility to your home or community
- Personal care and homemaker services
- Home modifications to improve accessibility
- Meal support for people with complex health needs
- Sobering centers
- Home modifications for asthma remediation.

Each Medi-Cal plan can choose which CSS to offer to their enrollees. They can change the CSS they offer every six months. Contact your plan to find out which CSS they offer and how to access it.

For further assistance, call the Health Consumer Alliance at 1-888-804-3536.



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Our team of California health care experts plays an essential role in California's efforts to expand and secure access to care for millions of people. Learn more about our California advocacy at <https://healthlaw.org/our-work/california/>