



Connecticut



Overall Landscape: While Connecticut currently has comprehensive coverage for telehealth service delivery of medication abortion, the existing telehealth policies will expire in the summer of 2023 unless new legislation is passed. More clarity is also needed on whether providers can use telehealth to establish a patient-provider relationship.

How Does Connecticut Medicaid Define Telehealth?

Connecticut Medicaid defines telehealth as “the mode of delivering health care... via information and communication technologies to facilitate the diagnosis, consultation and treatment education, care management and self-management” of a patient’s health.

Are There Restrictions On Where The Patient Can Be Located?

No, Connecticut Medicaid defines the originating site (the patient’s location) as “a site at which a patient is located at the time health care services are provided,” which allows maximum flexibility for the patient.

Does Connecticut Medicaid Have Payment Parity For Telehealth Services?

Yes, the current policy requires “Medicaid reimbursement for services provided by means of telehealth” to be provided “to the same extent as if the service was provided in person.” This applies to synchronous video and audio-only modalities, asynchronous store-and-forward and remote patient monitoring.

What Are Covered Modalities In Connecticut Medicaid?

Connecticut Medicaid covers the following modalities:

- Synchronous Video: Yes
- Synchronous Audio-Only: Yes (when it is clinically appropriate and when it is not possible to provide comparable audiovisual services)
- Store-And-Forward: Yes
- Remote Patient Monitoring: Yes

Can A Provider Establish A Relationship With A Patient Via Telehealth?

Unclear – Connecticut Medicaid has no clear policy on this.

What Is The State Of Abortion Access In Connecticut?

Connecticut is considered an access state and has no major restrictions on abortion. Only thirteen percent of counties in Connecticut do not have at least one clinic that provides abortion care, according to 2017 data analyzed by the Guttmacher Institute.

Who Can Provide Abortion Care In Connecticut?

Connecticut allows advance practice clinicians, like physician assistants and advanced practice registered nurses, to provide abortion care, in addition to physicians.